

THE MOSTYN FAMILY



When the Mostyns first considered joining Alpine, there was one lingering question that made them pause: how would Judah fit in?

Carly and Matt Mostyn had both grown up skiing and wanted to give that to their three children — Owen (11), and twins Harper and Judah (9). But Judah is neurodivergent, and while his siblings jumped straight into the Club's programs, the idea of Judah skiing — of him even putting on ski boots — felt far.

"We weren't sure what was possible," says Carly. "But we wanted Judah to be part of the culture here, even if we didn't know what that would look like."

They joined Alpine in 2022, encouraged by family members who were already part of the community. That first season, Judah spent time in the Little Kids' Club, led by longtime manager, Tammy Venning. By the following winter, Tammy had quietly set a goal: get Judah on skis.



"She just said, 'We're going to do this,'" Carly recalls. "She had us bring in boots and slowly introduced them to him — just five minutes at a time. We have no idea how she managed it. Judah has sensory challenges, and even new shoes can be stressful for him. But somehow, she got him in ski boots."

By the end of last season, with the help of Tammy and her son, Judah was not only comfortable wearing the boots, he was on snow. A spot opened up in the Track3 adaptive program, and Judah joined with support from both the Track3 team and his now-familiar LKC champions.

"It all came together," says Matt. "Tammy truly changed the game for us. She was the one who believed it could happen, and she made it happen."

Carly remembers one day in particular when all five of them were on the snow together — Judah showing off what he'd learned, Harper and Owen beside him, cheering him on.

"The pride Judah felt showing his brother and sister what he had learned... it was unbelievable," she says.



For the Mostyns, Alpine has become more than a winter routine. It's become a place where the kids are thriving, and the parents get a break too.

"We always say it feels like a weekend date for us," Carly says. "We can ski together, have coffee, and also spend meaningful time as a family."

Their two eldest, Owen and Harper, have also found their stride in racing.

"The racing program has been a game changer — not just for skill development, but mindset, motivation, and friendships," says Carly.

As newer members, the Mostyns already feel rooted. They ski, they race, they après. And they've seen how a little encouragement can change the experience entirely.

"Joining Alpine was a leap for our family," says Carly "and it's been one of the best decisions we've ever made."